

# Want to save money on energy?

How you heat and cool your home, heat water and use your fridge and freezer can bring down your energy bills.

## How?



### Heating and cooling

- › Turn off your heater/aircon when you leave the room, or go to bed.
- › In winter, set your thermostat between 18°C-20°C. Every degree above 20 can add 10% to your heating bill.
- › In summer, set your thermostat between 24°C and 26°C.
- › Ensure your electric hot water service is insulated if it is outside.
- › Close blinds or curtains at night when it is cold, or during the day if it is hot.
- › Open blinds or curtains during the day in winter, to get natural light and heat into your home.



### Washing and drying

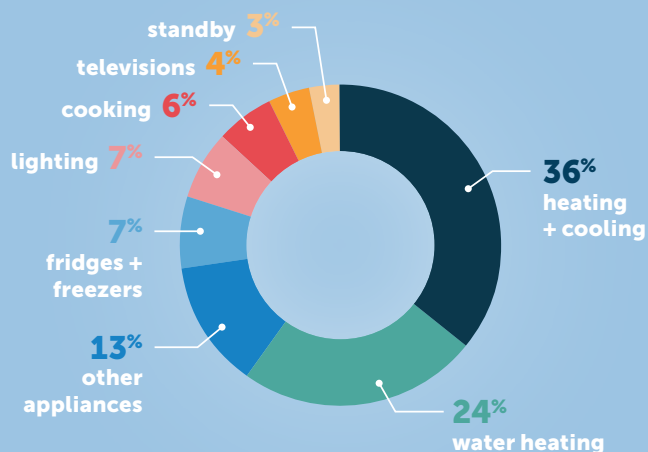
- › Wash clothes using cold water (where possible). This can save you around \$115 per year.
- › Dry your clothes on a clothes line instead of in a clothes-dryer.



### The fridge / freezer

- › Make sure the door seal is tight and free from gaps so cold air can't escape.
- › An ideal fridge temperature is 4°C-5°C.
- › An ideal freezer temperature is -15°C to -18°C.
- › If you have a second fridge or freezer, only turn it on when you need it.

## A breakdown of energy usage in a typical home



Source: Sustainability Victoria



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