

Want to save money on energy?

How you heat and cool your home, heat water and use your fridge and freezer can bring down your energy bills.

How?



Heating and cooling

- › Turn off your heater/aircon when you leave the room, or go to bed.
- › In winter, set your thermostat between 18°C-20°C. Every degree above 20 can add 10% to your heating bill.
- › In summer, set your thermostat between 24°C and 26°C.
- › Ensure your electric hot water service is insulated if it is outside.
- › Close blinds or curtains at night when it is cold, or during the day if it is hot.
- › Open blinds or curtains during the day in winter, to get natural light and heat into your home.



Washing and drying

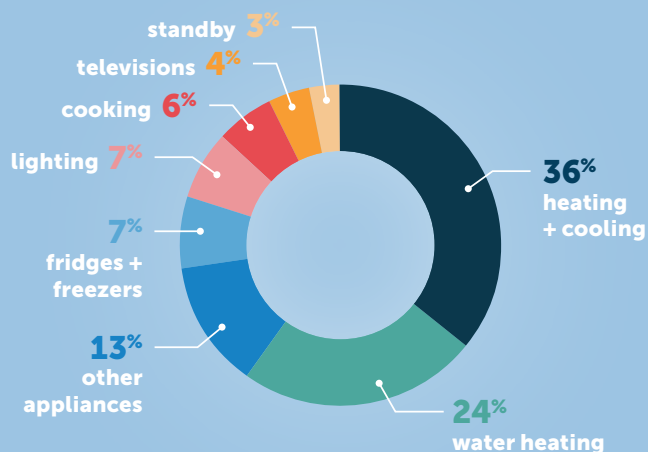
- › Wash clothes using cold water (where possible). This can save you around \$115 per year.
- › Dry your clothes on a clothes line instead of in a clothes-dryer.



The fridge / freezer

- › Make sure the door seal is tight and free from gaps so cold air can't escape.
- › An ideal fridge temperature is 4°C-5°C.
- › An ideal freezer temperature is -15°C to -18°C.
- › If you have a second fridge or freezer, only turn it on when you need it.

A breakdown of energy usage in a typical home



Source: Sustainability Victoria



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