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# Saving energy at home

How you heat and cool your home, heat water and use your fridge and freezer can bring down your energy bills.

## **Heating and cooling**

### Follow these tips:

- > Turn off your heater/aircon when you leave the room, or go to bed.
- > In winter, set your thermostat between 18°C-20°C. Every degree above 20 can add 10% to your heating bill.



- > In summer, set your thermostat between 24°C and 26°C.
- > Ensure your electric hot water service is insulated if it is outside.
- > Close blinds or curtains at night when it is cold, or during the day if it is hot.
- > Open blinds or curtains during the day in winter, to get natural light and heat into your home.

## Washing and drying



### Follow these tips:

- > Wash clothes using cold water (where possible). This can save you around \$115 per year.
- > Dry your clothes on a clothes line instead of in a clothes-dryer.

### Need help?

1800 500 509 (Freecall)

**Post** 

Monday to Friday between 8:30 am and 5:00 pm GPO Box 469, Melbourne, Victoria 3001

Email & Web

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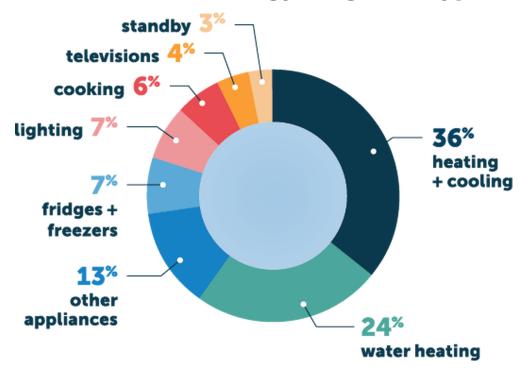
# The fridge/freezer

### Follow these tips:



- > Make sure the door seal is tight and free from gaps so cold air can't escape.
- > An ideal fridge temperature is 4°C-5°C.
- > An ideal freezer temperature is -15°C to -18°C.
- > If you have a second fridge or freezer, only turn it on when you need it.

# A breakdown of energy usage in a typical home



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